

NEONATAL West of Scotland Drug Monographs

ORAL/OTHER ROUTES

Neonatal

Potassium Chloride (Sando-K)

FORM	Effervescent tablet Each tablet contains 12 mmol of potassium (and 8 mmol of chloride)
BRAND NAME	Sando-K® Caution: other effervescent tablets have similar packaging/tablet appearance
INDICATION	Treatment of hypokalaemia
DOSE RANGE	

AGE	DOSE	FREQUENCY	ROUTE
Birth to 6 months	0.5-1 mmol/kg/dose (of potassium) Adjust according to response	12 hourly	Oral

DIRECTIONS FOR ADMINISTRATION

1. Dissolve each 12mmol tablet in 11mL water (each tablet displaces approximately 1mL of water and so the final concentration obtained will be approximately 1mmol in 1mL).
2. Once the tablet has fully dispersed and fizzing has stopped, which is usually after about 5 minutes, use the necessary volume of 1mmol/mL solution to administer the required dose.
3. Discard the remaining solution.

CAUTIONS, CONTRA-INDICATIONS AND SIDE EFFECTS

See Summary of Product Characteristics and most recent edition of BNF for Children

FURTHER INFORMATION Use with caution if giving concurrently with Spironolactone (potassium sparing diuretic) as risk of hyperkalaemia.

STORAGE Do not store above 25° C.
Store in the original tube. Keep the tube tightly closed in order to protect from moisture.

LICENSED STATUS Licensed drug.

APPLICABLE POLICIES West of Scotland Neonatal Guidelines

Consult local policy if applicable

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Dose may vary depending on indication, age, renal function, hepatic function, and concomitant medications.
This monograph should be used in conjunction with the terms of reference document prepared by the West of Scotland pharmacist network. Information is correct at the time of publication and as per local practice agreement.
For further advice contact your clinical pharmacist or pharmacy department.