

# Princess Royal Maternity (PRM), Glasgow



Princess Royal Maternity  
16 Alexandra Parade, Glasgow  
G31 2ER



NICU - 0141 451 5221  
SCBU - 0141 451 5222  
5594

Rooming in suite - 0141 451



Wi-Fi access via "Patient WIFI"  
Password - nhspatient

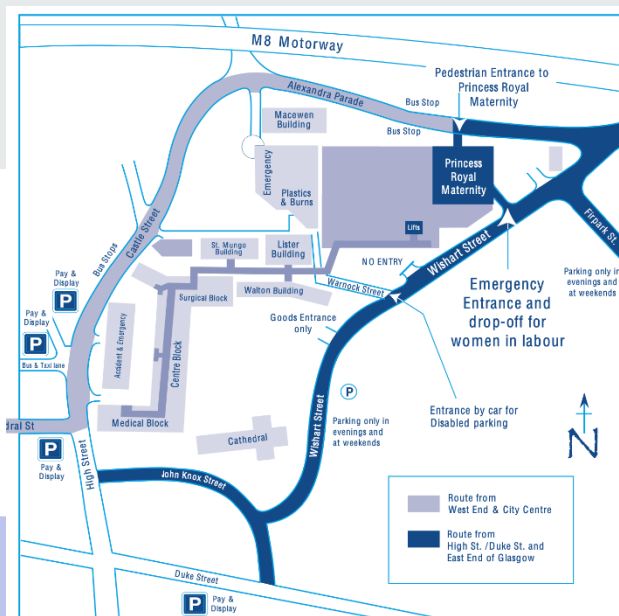


## PARKING/TRANSPORT



There is a multi-storey car park (free) located next to A&E, a short walk along Alexandra Parade to main entrance of PRM

Street parking (metered) located on Wishart Street - brings you into the back entrance of PRM



# ACCESSING THE NEONATAL UNIT



Fingerprint access is in the process of being set up. In the meantime, you can obtain a pass for access. There is a buzzer entry system in place at main doors to the NNU and someone will greet you at SBCU desk.

Out of hour's access is via the main door to PRM (Alexandra Parade entrance). This is open until 9pm. After this, you can access via the Wishart Street entrance and use either your pass to gain access or use the buzzer.

Both entrances are wheelchair/pram friendly

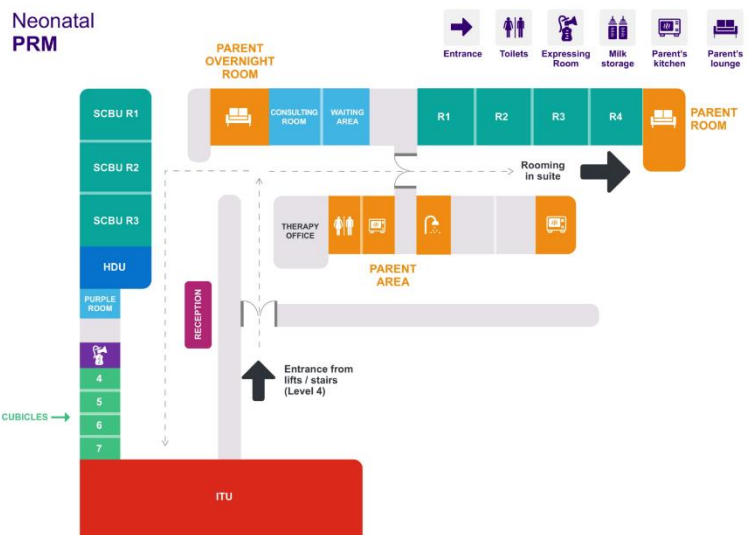


# A TOUR OF OUR UNIT

We are happy to arrange tours of the unit for parents prior to admission or at time of admission.

Our key areas are: Neonatal Intensive care, Special care, Rooming in suite

- Expressing room: expressing equipment and a fridge to store your milk
- Parents kitchen: access to microwave, fridge, plates and cutlery with tea and coffee provided
- Parents sitting area: Open to all parents
- Waiting room
- Visitors toilets
- Parents chapel/Quiet area,
- Clinical Psychology office



# PARENT ACCOMMODATION



We have 1 parent's room available within the unit.

If parents require accommodation longer term, the band 7 senior charge nurse/midwife will arrange a room in Ronald McDonald/Hotel/B&B.

This all goes through Barry Hope (Project officer for young patients and family fund) who attends the NNU every Friday and is available to parents, who have questions about finances. They can help parents access extra financial support.

Email - [Barry.Hope@ggc.scot.nhs.uk](mailto:Barry.Hope@ggc.scot.nhs.uk)

Phone number - 0141 452 4976



# FOOD OUTLETS



Within the PRM building there is;

Mables Café open from 0900 – 1600  
(Ground floor),

WHS open from 0700 – 2000 (Ground  
floor),

Aroma open from 0800-1700 (Ground  
floor),

Canteen open from 0800-1700.

Tesco Extra (0.5miles) - St. Rollox Park, Cobden Road,  
G21 1YL (open 0600-2400),  
Morrisons (0.6miles) – 5 Barrack Street, G4 OTZ (open  
0700-2200)

Local takeaways;

Subway – 433 Alexandra Parade, G31 3AD,  
Greggs – 429 Alexandra Parade, G31 3AD,

Tasty House (Chinese) – 90-92 Royston Road, G21  
2NT,

Garngad Takeaway (Pizza/Kebab) – 132 Royston Road,  
G21 2PA,

Tandoori Plus (Indian) – 21 Kennedy Path, G4 OPP.



## TIME OUT



We have the Chapel within the NNU where parents can have some quiet/reflective time.

There is a parent's kitchen with some seating and a parents seating area within our rooming in suite.

Parents can have a walk around the parameter of the whole hospital or in the nearby Glasgow Necropolis, or the Cathedral.

Glasgow city centre and high street is also within walking distance.

Nearby cafes within walking distance;  
Little Royal Café - 92 Castle Street, G4 0SA,  
Copperbox Coffee - Cathedral Square, G4 0QZ



## FAITH LEADERS

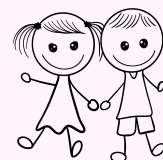
We have a chapel with the neonatal unit.

We have access to on-call pastoral services, please ask your bedside nurse.

Parents are also welcome to bring in their own faith leaders to the unit.

## SIBLINGS

The family wellbeing team can offer support for siblings as well as parents.



We have a small selection of toys in the waiting area for siblings and book bug bags also.



# PARENT SUPPORT



We have a psychology team within the neonatal unit, who provide an excellent service to parents/carers. Please ask the team looking after your baby for more information.

We have our unit infant feeding advisors who are there as extra support in helping parents with establishing feeds, expressing, etc,

We also have access to the NHS GG&C Children's charity

# STAFF UNIFORM IDENTIFIER

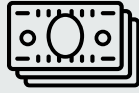


- Consultants - Navy blue
- Medical staff - Mostly cornflower blue scrubs
- Advanced Neonatal Nurse Practitioners - Navy blue
- Senior Charge Nurse/Midwife - Navy blue
- Nurse/Midwife - Cornflower blue
- Liaison Nurse - Mediterranean blue
- Health Care Support Workers/Nurse Nurse - Pale sky blue
- Pharmacist - Bottle green
- Physiotherapist/Speech & language - Mediterranean blue
- Student Nurse/Midwife - Grey
- Domestic - Dark green





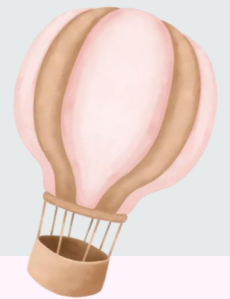
## FINANCES



Barry Hope is our Project officer for the The Young Patients Family Fund (YPPF) to help parents, carers and siblings to be there for children in hospital. YPPF will cover expenses for travel, food, and accommodation where necessary.

Barry is available in the NNU every Friday to answer parent's questions about finances and helps parent's access extra financial support.

Email - [Barry.Hope@ggc.scot.nhs.uk](mailto:Barry.Hope@ggc.scot.nhs.uk)  
Phone number - 0141 452 4976



## VISITING



Parents and siblings can be present at any time - you are not visitors.

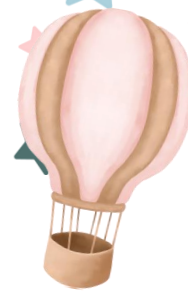
2 people may visit at any one time (unless twins/triplets - 2 per baby), this include one parent/named carer who must always be present.

Other children <16 years old are not allowed to visit due to the risk of infection.

There are no set visiting times.



## UNIT WEBSITE/USEFUL LINKS



Our neonatal unit website can be found here: UNIT WEBSITE

<https://www.nhsggc.scot/hospitals-services/maternity-hospital-and-units/princess-royal-maternity>

If there is anything else we can help with, please don't hesitate to ask

