

Neonatal Unit, Dumfries and Galloway Royal Infirmary



Dumfries and Galloway Royal Infirmary
Cargenbridge
Dumfries
DG2 8RX



Main reception 01387 241234



WiFi Code : PUBLIC
Password: Publicaccess



PARKING/TRANSPORT



The hospital has two large car parks and are free to use. Electric car charging ports are also available to use in both areas of the car park.

- 1 Main Hospital Entrance
- 2 Wards
- 3 Outpatients
- 4 X-Ray
- 5 Theatres, Endoscopy & Short Stay Ward
- 6 Assessment Unit
- 7 Emergency Department, Orthopaedic Outpatients, Out of Hours
- 8 Women & Children incl. Paediatrics, Maternity, Gynae, Neonatal
- 9 Residencies
- 10 Service Yard
- 11 Oncology Department
- 12 Diagnostic and Treatment Centre
- 13 The Sanctuary





ACCESSING THE NEONATAL UNIT

There is secure entry to the neonatal unit. Please ring the intercom Buzzer and a member of staff will respond as soon as possible.

Please make sure that you close the door behind you and that nobody follows you into the unit.



A TOUR OF OUR UNIT

A virtual tour of the unit can be accessed by clicking : [Neonatal Journey - YouTube](#)



PARENT ACCOMMODATION



We have two transitional care beds within the unit and every room has pull out bed/recliners so there is always the option to stay.



FOOD OUTLETS



The hospital has a canteen that serves hot and cold food and has a deli bar.

Various vending machines are located around the hospital.

Tea and coffee also available within the department. Hot drinks are available in the parents sitting room. Please don't take hot drinks into the baby rooms

Food can also be stored in the fridge if named and dated.

TIME OUT



There is a unit parent/visitor lounge available for use.

The [Kilnford Farm Shop](#) and Café are a 10 minute walk away.

Dumfries town centre is a 10 minute drive or 15 minute bus ride away. There are shops, coffee shops and restaurants as well as supermarkets.

FAITH LEADERS



The Sanctuary at DGRI is a beautiful, peaceful, calming space which is open 24/7 for anyone to use for prayer/meditation, to read, find solitude, peace and quiet. Foot and hand washing facilities are available. It is located in the main hospital on the ground floor, across from the Outpatient bays. Please follow the signs.

Spiritual Care Support is available for all patients, carers, loved ones, friends, visitors and staff. The spiritual team is led by our full-time Spiritual Care Lead and Chaplain, Nathan Mesnikoff, who works across all of NHS Dumfries & Galloway.

There are also trained and supervised volunteers who care for you and are able to support everyone, whatever your faith/religious beliefs/philosophy or if you have none. The spiritual care offered is not necessarily religious but it is private and confidential. Please ask the staff looking after your baby for more information.

SIBLINGS



Siblings are welcome on the unit at any time. There are some toys, colouring pencils etc in the parents sitting room for siblings to play with.

PARENT SUPPORT

Having a baby/babies in a neonatal unit can be a difficult and stressful time. We are here to support your whole family so please let us know if we can help in any way.

FINANCES



Our staff will be able to help you with filling out an expenses form ([Young Patients Family Fund](#)). You are able to claim up to £8.50 per parent and per sibling for a meal each day and one return journey to and from the hospital. It can also support with accommodation costs

VISITING



There is unlimited access to the unit for parents - you are not visitors. Other family members may also visit. However, strictly no more than four visitors at the bed at any one time please. Siblings may visit but should be supervised at all times. No other children that are not siblings are permitted.

Outdoor jackets should be removed before entering the unit and can be stored by the parents lockers.

On entering the unit, everyone must wash their hands.

If you are feeling well, please do not visit. Another family member may visit in your place, which can be arranged with the bedside nurse.





WHO'S WHO ON OUR UNIT?

Navy blue- Senior Charge Nurse

Blue- Staff Nurse/midwife, light blue

Newborn hearing screener/Healthcare support worker/Neonatal care assistant,
Green-domestic services

UNIT WEBSITE/USEFUL LINKS



[NHS Dumfries & Galloway - NHS Dumfries & Galloway \(nhsdg.co.uk\)](https://www.nhs.uk)

[New Welcome Handbook - Neonatal sept 24.pdf](#)



If there is anything else we can help with, please don't hesitate to ask

