

Welcome to the fourth edition of the Scottish Perinatal Network newsletter. We hope you find it useful for keeping up to date with the work of the Network, wider developments, conferences, training and other opportunities.

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National Maternity Network Update

NHS Near Me and Home Monitoring

Last month we let you know the suite of documents supporting NHS Near Me and Home Blood Pressure and Urine Monitoring had been updated on the Scottish Perinatal Network website. We have been busy making improvements to our website this month to make it easier to find what you are looking for.

For example, there are now separate pages for [NHS Near Me](#) and [Home Monitoring](#).

'Guidance for maternity staff caring for women during the Covid-19 pandemic: Community and Outpatient Pathways' has been developed and shared by NHS Grampian. It includes guidance about which appointments may be suitable for NHS Near Me and may be useful for updating and adapting. It can be accessed [here](#).

A new version of the [RCOG Restoration and Recovery Prioritisation Framework](#) also includes some guidance about appointments suitable for NHS Near Me.

In our March newsletter, we'll confirm when information from the leaflets will be available on the '[Your Antenatal Care](#)' section of Ready Steady Baby on NHS Inform. The leaflets will also be added to the BadgerNet library so they can be added to women's portals.

We have started to explore ways of providing home blood oxygen saturation monitoring for pregnant women who have tested positive for Covid-19. Huge thanks to NHS Lanarkshire and the national Technology Enabled Care (TEC) team for all their work around pathways. Watch out for more about this in our March newsletter, too.

Scottish Early Pregnancy Network (SEPN)

The Maternity Network Team met with Lisa Starrs, Chair of the SEPN, in January as part of our stakeholder engagement plan. Lisa and Dr Marjory MacLean, SEPN External Communications, have shared the following information about the network.



SEPN originated in 2003 when professionals who deliver care to those suffering early pregnancy challenges or loss recognised the need for Scotland to have its own specialist conference.

Work developed quickly from running an annual conference into a network which serves medical staff, nurses, midwives and sonographers across Scotland. Early pregnancy is often considered a small area of practice but with 20%-25% of pregnancies ending in the 1st trimester there are many patients to look after, some with complex clinical care needs.

The SEPN is made up of passionate practitioners who continuously strive to provide evidence based, excellent and compassionate care to parents facing the loss of their pregnancy. The network has a number of functions:

- Running an annual conference – high calibre speakers from across Scotland and beyond have addressed multiple aspects of early pregnancy care over the years. At the end of each conference, suggestions for topics for the next conference are requested. The network strives to ensure that what is delivered meets stakeholder needs. The format includes break out groups and workshops as well as formal lectures. The cost is kept to a minimum to enable as many colleagues as possible to attend.
- The network is a means of sharing protocols, guidelines and current practice across Scotland as we seek to deliver equitable care.
- Research – through SEPN many early pregnancy units have taken part in large, UK multicentre trials. SEPN also encourages and supports audits and research at a local level.
- Collaboration with Scottish Government, such as through the Short Life Working Group (SLWG) around Sensitive Disposal of Fetal Remains; Pre 24 week Registration. SEPN also provides information to Parliament such as, prior to the debate on Pregnancy Loss, responses to Public Petitions' Committee.
- Participation in writing the National Bereavement Care Pathways in collaboration with 'Held in our Hearts' and Scottish Government.
- Provision of a comprehensive contact list for every Early Pregnancy Unit in Scotland. This can be used by other professionals and agencies to disseminate information to SEPN and also for audit purposes and data collection.
- SEPN also works closely with 3rd sector organisations, including The Miscarriage Association and The Ectopic Pregnancy Trust.

National Neonatal Network Update

Meeting Schedule for March 2021

BAPM/NPC Implementation Meeting,

Tuesday 2nd March, 2-3.30pm

NNAP Data Review

Friday 5th March, 1.30-3.30pm. Joining link:

Join on your computer or mobile app

[Click here to join the meeting](#)

[Learn More](#) | [Meeting options](#)

Join with a video conferencing device

28485375@t.plcm.vc

Video Conference ID: 129 943 848 5

[Alternate VTC dialing instructions](#)

Home Oxygen Guideline Group Meeting

Friday 12th March, 1-3pm

Neonatal Core Data Dashboard Meeting

Tuesday 16th March, 1.30-3.30pm

National Neonatal Network Repatriation Working Group

Thursday 18th March, 2-3.30pm

National Neonatal Network Core Steering Group

Wednesday 24th March 2021, 2-4pm

National Guidelines

We would be interested to learn of any topics that you think could be developed into a national guideline.

Please contact us at the email address provided, or on MS Teams at any time weekdays Monday to Friday. We look forward to hearing your thoughts and ideas!

nss.perinatalnetwork@nhs.scot



Save the Dates

Scottish Differences of Sex Development (SDSD) Network Annual Education Symposium

The annual SDSD symposium, on Friday 5th March, is a free event aimed at health care professionals who have an interest in differences of sex development. You can find out more [here](#).



Each Baby Counts Learn & Support and Each Baby Counts Joint Annual Safety Summit 2021



Royal College of
Obstetricians &
Gynaecologists

Hear the emerging findings from the Royal College of Obstetricians and Gynaecologist's flagship quality improvement project to reduce avoidable harm in labour at this free event on Wednesday 31st March.

Find out more and book your place [here](#).

Bliss Scotland Trustee Recruitment

Bliss Scotland are currently recruiting for a new Trustee to serve on their Board. For more information about the role and how to apply, click [here](#). Applications must be submitted by 9am on Monday 15 March 2021.



40 years
of change
for babies

The Case of Fetal Monitoring in Labour: What is the Research Evidence?

The Royal Society of Medicine are hosting a webinar on fetal monitoring in labour on 23rd March at 6.00pm. View the programme and book your place [here](#).

QI Connect with Jason Leitch

Healthcare Improvement Scotland is currently hosting an exciting line up of monthly WebEx sessions presented by a range of exceptional speakers from around the world. The March session is taking place on Tuesday 23rd March with Professor Jason Leitch, Scottish Government's National Clinical Director, who will be reflecting on the COVID-19 pandemic and leading in a crisis. Book your place [here](#).



Useful Information

Scottish Government Clinical Advice

The Obstetric Clinical Guidance for assessment of pregnant women during the COVID-19 pandemic has been updated and is now being hosted on the [SIGN website](#). This replaces the Obstetrics section of the wider clinical guidance published on the Scottish Government website.

Wellbeing for Wee Ones

The Scottish Government has launched a new Infant Mental Health campaign. For expert advice on how to help your baby's brain grow and boost their emotional development, check out parentclub.scot/wellbeing.



We value your feedback to help us make the newsletter work for you. Please forward any comments or suggestions to us at:
nss.perinatalnetwork@nhs.scot

Follow us on Twitter and please get in touch to let us know of anything you'd like us to support you with:

 [@ScotPerinatal](https://twitter.com/ScotPerinatal)

